



HONEYBRAINS CATERING MENU

ORDERING IS EASY!

1. How many people do you need to serve?

2. Get in touch: 646.678.4092 / inquiries@honeybrains.com
We can help with advice,
and any custom needs you have.

3. Enjoy your delicious and nourishing goodies.

We here at Honeybrains are more than willing to accommodate special requests or customization to the best of our ability. Please feel free to inquire about creating special menus for your home or business.

SALADS

Each platter serves 10-12

- \$95 HONEYBRAINS COBB SALAD** 🥗🥑🍷🌱
House Greens, Olive Oil Poached Tuna, Organic Slab Bacon, Avocado, Bleu Cheese, Chickpeas, Spiced Walnuts, 8 Minute Egg
- \$80 HONEYBRAINS CHOPPED SALAD** 🥗🥑🍷🌱
House Greens, Tomatoes, Cucumbers, Fennel, Sweet Peppers, Radishes, Chickpeas, Quinoa, Almonds, Avocado, Grapes, Raisins, Fresh Herbs
- \$85 MEDITERRANEAN MIND SALAD** 🥗🥑🍷🌱
Baby Spinach, HB Hummus, Chickpeas, Quinoa, Cucumbers, Tomatoes, Spiced Walnuts
- \$80 SPICY THAI STYLE SALAD** 🥗🥑🍷🌱
Julienne of Garden Vegetables, Soft Herbs, Crushed Peanuts
- \$80 EVER GREEN SALAD** 🥗🥑🍷🌱
Kale, Spinach, Green Grapes, Fennel, Spiced Edamame, Pistachios
- \$80 BUCKWHEAT SOBA BOWL** 🥗🥑🍷🌱
100% Buckwheat Noodles, Raw Vegetable Slaw, Pickled Cabbage, Fresh Chiles, Creamy Peanut Dressing
- \$60 SIMPLE SALAD** 🥗🥑🍷🌱
Baby Lettuces, Cucumbers, Confetti Tomatoes

Salads come dry with your choice of one dressing on the side.

Dressings: Lemon Flax Dressing, Basil & Honey Dressing, Tahini Dressing, Sesame Soy Vinaigrette, Red Curry Vinaigrette

\$22.95 THE L.I.F.E. BOX
our version of a lunch box. Each box serves one, and includes a sandwich, a side salad, dessert (mixed berry bowl) and a soft drink!

SANDWICHES

Each platter comes with 20 mini sandwiches

- \$80 PER TRAY** Mix & Match up to 2 per tray.
- \$17.50 ADDITIONAL PER TRAY** Gluten-Free Bread Substitution

WAKE & STEAK SANDWICH 🥩🌱🍷
Coffee & Herb Crusted Sirloin Steak, Roasted Garlic, Hemp & Basil Smashed Potatoes, Baby Greens

HONEY ROASTED FREE-RANGE CHICKEN SANDWICH 🍗🌱
Honey Roasted Chicken, Fresh Mint & Parsley, Pickled Radishes, Scallions, Root Vegetables, Fresh Chiles

DAILY CATCH SANDWICH 🐟🌱
Choice of Organic Salmon or Cod, Marinated Tomatoes, Hummus

SMOKED SALMON SANDWICH 🐟🌱
Labneh, Cucumbers, Fresh Dill, Lemon

GOOD NIGHTSHADE SANDWICH 🍆🌱
Zucchini, Italian Squash, Red Pepper, Japanese Eggplant, Sundried Tomato Pesto, Tapenade, Fresh Herbs

SPICY TUNA SANDWICH 🐟🌱
Fresh Seaweed, Pickled Chiles, Lemon, Parsley

Each platter need 48hrs advanced notice to guarantee that our handmade bread for our sandwiches are fresh

FRESH SQUEEZED JUICES

Each carafe serves up to 6

- \$25 ORANGE**
- \$25 CARROT & GINGER**
- \$30 KALE, CELERY, CUCUMBER**
- \$30 PINEAPPLE, APPLE, TURMERIC**

MEAT & FISH

Each platter serves 10-12

- \$110 ROASTED COD** 🐟
Olive Oil & Lemon
- \$80 ORGANIC CHICKEN BREAST** 🍗
Organic and Fresh, with Fresh Herbs, Garlic, and Olive Oil
- \$125 ORGANIC SALMON** 🐟
Olive Oil, Lemon, Fresh Thyme
- \$125 PRIME SKIRT STEAK** 🥩
Coffee and Herb Crusted

Each platter is garnished with fresh arugula and lemon

SIDES

Each platter serves 10-12

- \$55 EDAMAME** 🍲
Choice of Plain, Seasoned with Sea Salt, or Honeybrains Spice
- \$65 BERRY SIMPLE BOWL** 🍓
Fresh Mixed Berries, Basil, Mint, Raw Honey
- \$55 QUINOA TABOULEH** 🌱
Cucumber, Tomato, Mint, Parsley
- \$55 ALMOND SMASHED POTATOES** 🥔
- \$55 HONEYBRAINS SPICED SWEET POTATOES** 🍠
- \$55 ROASTED NIGHTSHADE VEGETABLES** 🍆
Squash, Zucchini, Eggplant
- \$45 WARM LEMON SCENTED KALE** 🌱
With Fresh Chiles & Garlic
- \$50 HONEYBRAINS SPICED NUTS** 🌰



HONEYBRAINS JUICES

For ordering a la carte, or stocking the fridge

\$8.95 EACH

GROUP A MEMORY 🧠

CITRUS ROSEMARY MEMORY
Pear, Green Apple, Orange, Carrot, Lemon, Fibergum, Ginger, Rosemary Extract

SAGE THINKING
Pineapple, Gala Apple, Pear, Kale, Lemon, Walnuts, White Miso, Fibergum, Sage

GROUP B FOCUS 🎯

GINSENG CONCENTRATION
Orange, Grapefruit, Blood Orange, Lemon, Lime, Fibergum, Green Tea, Dark Sweet Cherry, Panax Ginseng

RUBY REVITALIZATION
Pineapple, Pear, Carrot, Beet, Green Apple, Orange, Lemon, Fibergum, Ginger, Almond, Green Tea Extract

GROUP C MOOD 😊

R&R
Grape, Cucumber, Lime, Fibergum, Mint, L-theanine

LEMONBALM CALM
Gala Apple, Pineapple, Kale, Lemon, Green Apple, Ginger, Fibergum, Celery, Parsley, Lemonbalm

SPICY LEMONBALM CALM
Gala Apple, Pineapple, Kale, Lemon, Green Apple, Ginger, Fibergum, Celery, Parsley, Cayenne Pepper, Lemonbalm

GROUP D BALANCE ⚖️

SUPERGRAIN BALANCE
Green Apple, Cucumber, Raw Honey, Watercress, Lemon, Oats, Barley, Fibergum, Ginger, Spirulina, Green Tea

GROUP E FLOW 🌊

ENERGY FLOW
Pineapple, Pear, Green Apple, Spring Water, Beet, Carrot, Fibergum, Honey, Blueberry Juice, Grape Juice, Serrano Pepper, Green Tea Extract, Black Tea Extract, Coriander

GROUP F BOOST 🚀

MEGA METABOLISM
Green Apple, Barley, Fibergum, Walnuts, Kimchi, Green Tea, Cinnamon

GROUP G ENDURANCE 🏃

HEARTBEET
Beet, Pineapple, Pear, Green Apple, Carrot, Fibergum, Rhodiola Rosea

GROUP H RECOVERY 🔄

ATHLETE'S MILK & HONEY
Organic Whole Milk Kefir, Raw Honey, Dates, Fibergum, Cinnamon, Vanilla, Turmeric, Nutmeg

Weekly deliveries for corporate and personal packages available.

For more than 20 juices, we need 72hrs advanced notice to ensure we provide you with the best and freshest product.