



HONEYBRAINS CATERING MENU

ORDERING IS EASY!

1. How many people do you need to serve?
2. Get in touch: 646.678.4092 / inquiries@honeybrains.com
We can help with advice, and any custom needs you have.
3. Enjoy your delicious and nourishing goodies.

We here at Honeybrains are more than willing to accommodate special requests or customization to the best of our ability. Please feel free to inquire about creating special menus for your home or business.

BREAKFAST

Serves 10-12

- FOUR-BERRY PARFAIT** \$80
Free-Range Sheep's Milk Yogurt, House-Made Granola, Three-Berry blend, Acai, Pomegranate
- HONEYBRAINS FRUIT SALAD** \$80
Seasonal Melons, Berries, Pickled Watermelon & Mango
- EGG SANDWICH** \$80
Two Over Easy Eggs, 7-grain Pocket, Arugula
CHOOSE 2 TOPPINGS: Heritage Berkshire Bacon, Black Truffle Cheddar & Labneh Spread, Steamed Spinach, Hummus, Smashed Avocado, Housemade Honey "Sriracha"
- STEAK & EGG SANDWICH** \$120
Honeybrains Spice-Rubbed Sirloin Steak, Over Easy Egg, Black Truffle Cheddar & Labneh Spread, Avocado, Mixed Greens
- DARK CHOCOLATE GANACHE & PRALINE TOAST** \$80
Molasses Praline, Organic Sugar Cane, Banana
- ASSORTED BREAKFAST PASTRIES** \$70

HOT BEVERAGES

- TEALEAVES TEA SERVICE** \$30
- HONEYBRAINS HOT CHOCOLATE** \$40
- LA COLOMBE COFFEE SERVICE** \$30

FRESH SQUEEZED

JUICES

Each carafe serves up to 6

- ORANGE** \$25
- CARROT & GINGER** \$25
- KALE, CELERY, CUCUMBER** \$30
- PINEAPPLE, APPLE, TURMERIC** \$30

THE L.I.F.E. BOX

our version of a lunch box. Each box serves one, and includes a sandwich, a side salad, dessert (mixed berry bowl) and a soft drink!

SANDWICHES

Each platter comes with 20 mini sandwiches

- PER TRAY** Mix & Match up to 2 per tray. \$80
- ADDITIONAL PER TRAY** \$17.50
Gluten-Free Bread Substitution

WAKE & STEAK SANDWICH

Coffee & Herb Crusted Sirloin Steak, Roasted Garlic, Hemp & Basil Smashed Potatoes, Baby Greens

HONEY ROASTED FREE-RANGE CHICKEN SANDWICH

Honey Roasted Chicken, Fresh Mint & Parsley, Pickled Radishes, Scallions, Root Vegetables, Fresh Chiles

DAILY CATCH SANDWICH

Choice of Organic Salmon or Cod, Marinated Tomatoes, Hummus

SMOKED SALMON SANDWICH

Labneh, Cucumbers, Fresh Dill, Lemon

GOOD NIGHTSHADE SANDWICH

Zucchini, Italian Squash, Red Pepper, Japanese Eggplant, Sundried Tomato Pesto, Tapenade, Fresh Herbs

SPICY TUNA SANDWICH

House Made Honey "Sriracha", Fresh Seaweed Yogurt, Spicy Turmeric Pickles, Radish Sprouts

Each platter need 48hrs advanced notice to guarantee that our handmade bread for our sandwiches are fresh

MEAT & FISH

Each platter serves 10-12

- ROASTED COD** \$110
Olive Oil & Lemon
- ORGANIC CHICKEN BREAST** \$80
Organic and Fresh, with Fresh Herbs, Garlic, and Olive Oil
- HB SPICED PULLED CHICKEN** \$80
- ORGANIC SALMON** \$125
Olive Oil, Lemon, Fresh Thyme
- PRIME SKIRT STEAK** \$125
Coffee and Herb Crusted

Each platter is garnished with fresh arugula and lemon

SALADS

Each platter serves 10-12

- HONEYBRAINS COBB SALAD** \$95
House Greens, Olive Oil Poached Tuna, Organic Slab Bacon, Avocado, Bleu Cheese, Chickpeas, Spiced Walnuts, 8 Minute Egg
- HONEYBRAINS CHOPPED SALAD** \$80
House Greens, Tomatoes, Cucumbers, Fennel, Sweet Peppers, Radishes, Chickpeas, Quinoa, Almonds, Avocado, Grapes, Raisins, Fresh Herbs
- MEDITERRANEAN MIND SALAD** \$85
Baby Spinach, HB Hummus, Chickpeas, Quinoa, Cucumbers, Tomatoes, Spiced Walnuts
- SPICY THAI STYLE SALAD** \$80
Julienne of Garden Vegetables, Soft Herbs, Crushed Peanuts
- EVER GREEN SALAD** \$80
Kale, Spinach, Green Grapes, Fennel, Spiced Edamame, Pistachios
- BUCKWHEAT SOBA BOWL** \$80
100% Buckwheat Noodles, Raw Vegetable Slaw, Pickled Cabbage, Fresh Chiles, Creamy Peanut Dressing
- SIMPLE SALAD** \$60
Baby Lettuces, Cucumbers, Confetti Tomatoes

Salads come dry with your choice of one dressing on the side.

Dressings: Lemon Flax Dressing, Basil & Honey Dressing, Tahini Dressing, Sesame Soy Vinaigrette, Red Curry Vinaigrette

SIDES

Each platter serves 10-12

- EDAMAME** \$55
Choice of Plain, Seasoned with Sea Salt, or Honeybrains Spice
- BERRY SIMPLE BOWL** \$65
Fresh Mixed Berries, Basil, Mint, Raw Honey
- QUINOA TABOULEH** \$55
Cucumber, Tomato, Mint, Parsley
- ALMOND SMASHED POTATOES** \$55
- HONEYBRAINS SPICED SWEET POTATOES** \$55
- ROASTED NIGHTSHADE VEGETABLES** \$55
Squash, Zucchini, Eggplant
- WARM LEMON SCENTED KALE** \$45
With Fresh Chiles & Garlic
- HONEYBRAINS SPICED NUTS** \$50
- RED RICE AND ZAAATAR CHIC PEAS WITH SHEEPS MILK YOGURT** \$55

HONEYBRAINS JUICES

\$8.95 EACH
For ordering a la carte, or stocking the fridge

- GROUP A MEMORY**
CITRUS ROSEMARY MEMORY
Pear, Green Apple, Orange, Carrot, Lemon, Fibergum, Ginger, Rosemary Extract
- GROUP D BALANCE**
SUPERGRAIN BALANCE
Green Apple, Cucumber, Raw Honey, Watercress, Lemon, Oats, Barley, Fibergum, Ginger, Spirulina, Green Tea
- GROUP E FLOW**
ENERGY FLOW
Pineapple, Pear, Green Apple, Spring Water, Beet, Carrot, Fibergum, Honey, Blueberry Juice, Grape Juice, Serrano Pepper, Green Tea Extract, Black Tea Extract, Coriander
- GROUP B FOCUS**
GINSENG CONCENTRATION
Orange, Grapefruit, Blood Orange, Lemon, Lime, Fibergum, Green Tea, Dark Sweet Cherry, Panax Ginseng
- GROUP F BOOST**
MEGA METABOLISM
Green Apple, Barley, Fibergum, Walnuts, Kimchi, Green Tea, Cinnamon
- GROUP G ENDURANCE**
HEARTBEET
Beet, Pineapple, Pear, Green Apple, Carrot, Fibergum, Rhodiola Rosea
- GROUP C MOOD**
R&R
Grape, Cucumber, Lime, Fibergum, Mint, L-theanine
- GROUP H RECOVERY**
ATHLETE'S MILK & HONEY
Organic Whole Milk Kefir, Raw Honey, Dates, Fibergum, Cinnamon, Vanilla, Turmeric, Nutmeg

Weekly deliveries for corporate and personal packages available.

For over 20 juices, we need 72hrs advanced notice to ensure we provide you with the best and freshest product.

DESSERT

- COOKIE PLATTER** \$65
- LOAF CAKE PLATTER** \$65
- ASSORTED BARS** \$65

